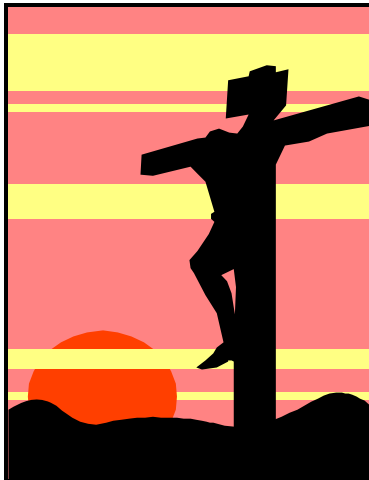


The Lord's Supper

Be Strong in The Lord!



OUR DAILY BREAD

Junior Edition

II-04-07



SOMETHING YOU MUST KNOW:

God is perfect. He is Holy. We are all sinners. *For all have sinned, and come short of the glory of God.*

(Romans 3:23a KJB)

None of us could ever make ourselves perfect or holy to be accepted by God. But God loves us all so much, that He gave His only Son, the Lord Jesus Christ, to go to the cross and pay the penalty for our sins IN FULL, ONCE and FOR ALL. Jesus died and rose again. Because of the Lord Jesus Christ, God can now make us holy and acceptable to Himself. *For Christ also hath once suffered for sins, the just for the unjust, that he might bring us to God, being put to death in the flesh, but quickened by the Spirit.* (1 Peter 3:18 KJB)

Jesus Christ is our ONLY WAY to God and heaven.

Jesus saith unto him, I am the way, the truth, and the life, no man cometh unto the Father, but by me.

(John 14:6 KJB)

Believe on the Lord Jesus Christ, and thou shalt be saved. (Acts 16:31 KJB)

Without Jesus Christ, you can NEVER be accepted by God or go to heaven. When you believe in Jesus Christ as your Savior, God makes you His child. When you leave this world, you will spend all of eternity with Him! *But as many as received him to them gave he power to become the sons of God, even to them that believe on his name.* (John 1:12 KJB) While you are still here on earth, learn His beautiful Word. Believe it and obey it, so you can enjoy all God has done for you.

Let the word of Christ dwell in you richly in all wisdom.

(Colossians 3:16a KJB)

We've been studying an amazing FACT!
We've been learning how GOD can give us POWER to RESIST temptations & handle ALL our problems even when these temptations & troubles seem too BIG for us to handle. In our last LORD'S SUPPER LESSON, we learned how Jesus used the POWER OF GOD'S WORD to resist Satan in the wilderness after Jesus had not eaten for 40 days & 40 nights. Imagine how weak Jesus must have felt physically after being without food for all those days and nights! But as we saw, Jesus used God's WORD to say NO to all the devil's temptations. Here is what happened because of the



POWER of GOD'S WORD:

"Then the devil leaveth him, and, behold, angels came and ministered unto him."

Matthew 4:11 KJB

Jesus showed us that when we simply BELIEVE & OBEY God's PROMISES - HIS WORD - there is NO TROUBLE OR TEMPTATION that you cannot handle. For instance, one day there was a man whose son was suffering. The man came to Jesus for help. The man said to Jesus: "but if thou canst do any thing, have compassion on us, and help us."

Mark 9:22b KJB

Here is what Jesus answered that desperate father:

"Jesus said unto him, If thou canst believe, all

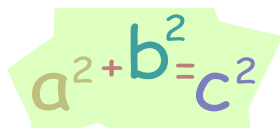
things *are* possible to him that believeth."

Mark 9:23 KJB

Jesus did NOT tell that desperate father that only SOME things are possible to those who believe that God can help them. Jesus said that ALL things are possible to those who believe that God can help them!

And THAT includes the POWER to be STRONG to RESIST TEMPTATION & HANDLE PROBLEMS!

Here is God's



FORMULA for POWER:
GOD'S WORD + FAITH = POWER

And WHAT IS FAITH? Here is God's definition:

FAITH = BELIEF THAT GOD DOES WHAT HE SAYS HE'LL DO!

So if YOU want to be STRONG even when you feel very WEAK, simply BELIEVE GOD'S PROMISES! For instance, if you're having BIG PROBLEMS, instead of drinking or taking drugs to forget about those problems, REMEMBER GOD'S PROMISES & BELIEVE THEM! Then OBEY what He tells you to do in your situation. Here is a WONDERFUL promise from God to those who TRUST HIM & DO THE GOOD THINGS HE TELLS THEM TO DO:

"Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. Delight thyself also in the LORD; and he shall

give thee the desires of thine heart.
Commit thy way unto the LORD: trust also in
him; and he shall bring *it* to pass. "

Psalm 37:3-5 KJB

Did you understand that promise? Our part is simply to TRUST GOD, DO THE GOOD HE TELLS US TO DO, MAKE GOD THE MAIN FOCUS OF OUR LIFE, BRING HIM ALL OUR TROUBLES & BELIEVE HE CAN & WILL HELP US! And what does the last part of that verse say?

"and he shall bring *it* to pass!"

**GOD WILL DO WHAT HE PROMISED TO DO FOR YOU!
And God will give you the STRENGTH and POWER
to WAIT for Him to do it!**

But what happens to those who DO NOT believe God's Word? Well, God tells us right here:



"...If ye will not believe, surely ye shall not be established."

Isaiah 7:9d KJB

Did you understand THAT promise? God PROMISES that if you do NOT believe Him, you WON'T BE STRONG!

Now don't be upset with yourself if there are times when you have a hard time believing God because when troubles seem real big, sometimes we ALL fail to believe God. We start worrying & being afraid. But guess what. At those times simply ASK God to HELP you believe Him. And HE WILL HELP YOU

BELIEVE! That is **EXACTLY** what that worried father did whose son was suffering. Here is what that man **CRIED OUT** to Jesus:

“And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief.”

Mark 9:24 KJB



And you know what! The Lord **ANSWERED** that man’s cry! He helped both the father’s unbelief **AND** cured the child! So next time you are finding it awfully hard to **BELIEVE GOD**, ask Him to **HELP YOU BELIEVE HIM & HE WILL!**

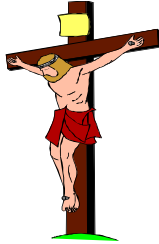
Well, we’ve seen that God wants us to be **STRONG**. In fact, in Ephesians 6:10 read what God tells all His children:

“Finally, my brethren, be strong in the Lord, and in the power of his might.”

Ephesians 6:10 KJB

Last week we began learning **HOW** to be strong in the Lord, & we will continue with that subject **NEXT** week. But since today is our **LORD’S SUPPER** celebration where we learn about Jesus and what He did on the cross for us, we are going to see how Jesus in His human body **DEMONSTRATED** how to be **STRONG** by using the **POWER** of **GOD** while He was suffering the most horrible trouble & pain that anyone could ever suffer. Try to think of

the most awful pain or trouble you can think of; yet there is **NOTHING** as awful as what Jesus suffered on that cross! What was that horrible, terrible pain - the most horrible pain of all? It was **GOD'S WRATH - GOD'S PUNISHMENT FOR OUR SINS** poured out on Jesus who **NEVER SINNED!** God's **WRATH & PUNISHMENT** for sins was so awful that it is the **ONLY TIME** that Jesus cried out in pain to God!



“And in the ninth hour Jesus cried with a loud voice, saying, Eloi, Eloi, lama sabachthani? Which is, being interpreted, My God, my God, why hast thou forsaken me?”

Mark 15:34 KJB

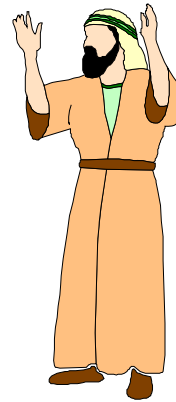
None of the beatings that Jesus received before they nailed Him to the cross, not even the **NAILS** hammered into His wrists caused Jesus to cry out! We cry out sometimes when we accidentally bang our finger or get a splinter. Imagine the pain of having huge nails hammered into your wrists! Yet **NONE** of that caused Jesus to cry out! Only the pain of God's punishment for our sins being separated from God, His Father, caused Him to cry out. And yet, even through all that pain - 3 hours of it - from 12PM to 3 PM that's how **LONG** it took for God to punish Jesus for **OUR SINS** - even through all that pain, Jesus **WILLINGLY STAYED ON THE CROSS!** Do you know why we say He **WILLINGLY** stayed on that cross for us? Because Jesus **COULD** have come off that cross at **ANYTIME HE WISHED TOO!** **HOW????** Because **JESUS IS**

GOD! In fact, many people that day made FUN of Jesus because He told them that He was God's Son who came down from heaven to save them. Listen to what they said, while Jesus was paying even for THEIR SINS!

"Likewise also the chief priest mocking said among themselves with the scribes, He saved others: himself he cannot save.

Let Christ the King of Israel descend now from the cross, that we may see and believe, And they that were crucified with him reviled him."

Mark 15:31-32 KJB



But though the people made fun of Him, though the pain for our sins hurt Him beyond what we could EVER imagine, Jesus DID NOT USE HIS POWER AS GOD to come OFF the cross. NO!!! Instead, Jesus, in His HUMAN BODY, used the POWER OF GOD'S WORD to help Him STAY ON THE CROSS until GOD'S purpose for His death on the cross was finished. And THEN, Jesus said:

"...It is finished: and he bowed his head, and gave up the ghost." John 19:30b KJB

Jesus came to earth purposely to do this for us. While He was on the cross, Jesus LOOKED weak, but He really was STRONG! He used the POWER OF GOD'S WORD to give Him the STRENGTH to

STAY on the cross & SUFFER & DIE for us! Here is the POWER that Jesus used to stay on the cross:

"Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God."

Hebrews 12:2 KJB

This tells us that Jesus had the power to stay on that cross - the INNER STRENGTH - to stay on that cross & suffer all that pain because He REMEMBERD THE JOY that was coming! What JOY was that? Why, JOY OF ALL THE PROMISES OF GOD! The promises that because Jesus finished the payment of sin, anyone who SIMPLY BELIEVES in HIM is FORGIVEN of their sins, SAVED from the Lake of Fire & WILL go to heaven someday! The promises that because Jesus finished the payment for our sins, Jesus will rule on earth someday & all those who believed in Him will rule with Him too! And finally, the promise that because Jesus did all this on the cross for us, WE TOO CAN USE THE POWER OF GOD'S WORD TO HANDLE ALL THAT GOD ALLOWS IN OUR LIFE. Because of Jesus, ALL GOD'S PROMISES ARE YES TO US!



"For all the promises of God in him are yea, and in him amen, unto the glory of God by us."

2Corinthians 1:20 KJB

Believe Him & You will be STRONG in THE LORD!

Grace Christian Fellowship

Pastor John A. Ricci

Sunday Morning Service

10:00 A.M.

Sunday Transportation Service ~ Call 24 hours Prior

Weekly Services

Wednesday & Friday Evenings, 7:30 P.M.

Prayer Meeting

Wednesday & Friday Evenings, 7:00-7:20 P.M.

Communion Service

First Sunday of Every Month

Children's Prep School (Ages 5-14) & Mother's Room

Available for Every Service

Email

info@gracecfellowship.org

Directions

From I-95

- RI Exit #22; *Left* at split to **Rt. 6 W.**
- Take Killingly St (Rt. 128) Exit; *Right* off Exit.
- Take Killingly to end; *Right* on Manton Ave; cross bridge.
- Turn *Left* at light (CVS on corner), and then bear *Left* at the split. You are now on Woonasquatucket Ave.
- Go about 1 mi.
- **G.C.F.** is on the *Left*.

From Rt. 146

- Mineral Spring Ave Exit in Providence.
- From **146 N** turn *Left* off Exit; from **146 S** turn *Right*.
- Take Mineral Spring to end and stay *Left* around the rotary (pass North Providence Town Hall).
- Take next *Right* onto Woonasquatucket Ave.
- Go about 1½ mi.
- **G.C.F.** is on the *Right*.



Grace Christian Fellowship

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